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The Heartbeat of The Mission

March 2017

THAWING HEARTS

We have had a busy winter at Cornerstone Rescue Mission – we are full and often have 60 people sleeping on the floor. As I write this, the sun is shining, the snow is thawing and the above average seasonal temperatures are welcomed. It has been a cold, bitter winter, and there will most likely be many more bitter cold days ahead. The power of the sun has the ability to lift spirits, thaw the coldest ice and spread warmth.



The power of the Son of God does the same, and so much more. The vast majority of the people who stay at the Mission are in need of safety, shelter, food, warmth and TLC. Just knowing that someone cares enough to help them can start the process of unthawing a cold heart full of grief, pain, shame, unforgiveness, and fear and give them peace and hope. As we care for the neediest in our community and show God's love, compassion and grace, we can help those frozen hearts start to thaw.



Thank you for helping bring the Son of God into their lives. Your partnership with Cornerstone reveals your concern and care for those many have forgotten. The Son of God and the sunshine are bringing much needed warmth!

The needs continue to rise – thank you for your generosity and your prayers!

Peace, Lysa

Corner Stone Mission Physically, spiritually scared of what next!

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VINNI GETS A NEW START

When I think of Vinni, I think of the word "Gratitude." A few days before he left Cornerstone he wrote the beautiful piece he called "A Weigh Station." He wrote it on a large piece of paper as a thank you to everyone that had helped him. It is visually beautiful, and the words even more beautiful.



Vinni is from the Rosebud Reservation. He suffers from many medical problems including osteomyelitis and needs some joint replacement surgeries. He lived with family, friends, and in motels for six years before he ended up at Cornerstone. After working with Stephanie, a Cornerstone case manager, Vinni has recently moved into his own apartment. Cornerstone helped him with the deposit and with items for his new apartment. Steph says "Vinni was very uplifting to the other guests and always had kind words for them and for the staff."

Vinni was very excited about his move to independence and said "Cornerstone has effectively enabled me to stand on my own. And Cornerstone has affected every aspect of my life, spirit, mind, and body. I have been rebuilt through their guidance and love. For that I am eternally grateful."

WOW – Powerful words of gratitude from Vinni. He reminds us of the important work that Cornerstone does daily - the work that we do with your help!

BE WELL PASSPORT

With the start of the New Year we are always reminded that we should take better care of ourselves. Jillian Anawaty, of Vibrant Life Yoga & Pilates, had the ideal of promoting this concept and combining it with taking care of the homeless. She came up with the innovative ideal of selling a coupon book called the 2017 Be Well Passport which was full of over \$1,000 in coupons to yoga studios, gyms, massage, personal training, life and wellness coaching, healing services, food, and leisure. The books were sold around town for \$50 as a fundraiser benefitting Cornerstone. Many of these books were sold and she is hoping to do it again next winter. Jillian is such an energetic and positive person, and was a delight to work with!

We want to thank Jillian for all the hard work she did to bring this project to life and we also want to thank the 40+ local businesses that came together and offered coupons deals. It was a great example of our local businesses pulling together to care for the guests of Cornerstone!







EVERYTHING IN A BACKPACK

Can you imagine fitting all your earthly possessions into a backpack? What would you keep and what would you leave behind? I can't imagine leaving family heirlooms behind, things that loved ones (maybe deceased) gave you, things close to your heart. This is the reality for most of our guests. Some come with only trash bags holding their belongings. It breaks our hearts.

We are asking the public for large, sturdy backpacks so our guests have something decent to put their belongings in - something that can be carried ergonomically on their backs. A good backpack is a highly prized possession for a homeless person. We hope you will consider donating one today!

STATS thru February 1, 2017

January YTD

LODGING (all facilities) 5,001 5,001 **MEALS** (all facilities) 15,973 15.973

2017 Cornerstone **Board of Directors**

Dr. Chad Carpenter, President

> Sam Fischer, Vice President

Dick McConnell, Secretary

Lysa Allison, **Executive Director**

Greg Barnier, Attorney at Law

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Kevin Thom, **Pennington County** Sheriff

Tavio Soto, MSgt, USAF Ellsworth AFB **Deputy Fire Chief**

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MEN'S MISSION

30 Main St. KITCHEN:

Fruits and vegetables Eggs, Milk Coffee, Sugar Breakfast meats Cream of Mushroom or Chicken soup

MISSION:

Towels, Blankets Twin-sized sheets Cold weather outerwear Vacuum cleaner

30 Main St. Shaving cream & razors, shoes & boots, backpacks. underwear &

T-shirts, coffee

WOMEN &

301 Fox Run Drive Coffee, Eggs Milk, Cereal Sandwich bread Butter

Laundry/dish soap

1220 East Blvd. Dish soap household cleaners **ADOPT A FAMILY: Gas** cards, oil changes, laundry & dish soap, toilet paper, household things

DEAR ONES

2901 Wisconsin Avenue Baby wipes & pull-ups Food processor Canned or fresh fruits & vegetables Infant swing Infant bouncer Hand or electric air pump

Small microwave

401 - 11th Street Beds, household furniture, household appliances. kitchen items. home décor



Did you know that if you are a member of Thrivent Financial you may be able to direct Choice Dollars® and Action Teams to the Cornerstone Rescue Mission?

For more information or to direct Choice Dollars, call 1-800-847-4836 and say Thrivent Choice.®

PLEASE MAKE CHECKS PAYABLE TO CORNERSTONE RESCUE MISSION

(The enclosed envelope is for your convenience. We are serving more people every day. Your help is appreciated!)